

Camp John Marc H1N1 Policy

Based upon the population of campers and families that Camp John Marc serves, it is important that if staff and/or volunteers have a fever, have been exposed to the H1N1 virus, or have any feelings of sickness that could be influenza-like in the past 7 days, that they not come to camp or have interactions with the campers and/or families. This is an effective preventative measure that will limit exposure to the camp population.

If a staff or volunteer has an Influenza-like Illness (ILI), which is defined as a fever of 100 degrees or greater together with a cough or sore throat, they will be isolated until transportation can be arranged for them to leave camp.

There will be an isolation room identified in the medical building for any volunteer or staff that has an ILI or any other symptoms suspected to be related to an ILI.

If camp staff or volunteers develop respiratory symptoms such as a cough but no fever, they should refrain from camp activities and stay in the designated isolation room for 24 hours to observe for other symptoms. Temperature will be taken and charted every hour for monitoring purposes and the staff or volunteer should remain in the identified isolation room for 24 hours after fever is gone (without fever reducing medicine).

If camp staff or participants with high-risk conditions are exposed to other campers or staff with ILI, (e.g., share a cabin or room) parents of high-risk participants and staff with high-risk conditions will be notified immediately.

Camp Director staff will maintain a list of staff and/or volunteers with ILI that includes the following information: name, age, date symptoms began, underlying chronic conditions, group/cabin name, and date camper or staff left camp (if applicable) for tracking purposes.

The best combatant is prevention, so if a staff and/or volunteer has any symptoms of an Influenza-like Illness, the best practice is not to come to camp. At camp, there are some measures that can be taken to help stop transmission of H1N1:

- Washing hands frequently and covering coughs and sneezes.
- Do not share water bottles, food utensils, and other personal items.
- Tissues and other soiled items (e.g., contain mucus) should be disposed of properly and hands washed carefully afterwards.
- Avoid touching your eyes, nose or mouth.
- Limit your contact with others who may be ill.